

Contact Lenses: Frequently Asked Questions



I'm interested in wearing contact lenses. How long does it take to get used to them?

It depends on the type of contact lenses you choose. Most people get used to soft (hydrogel or silicone hydrogel) contact lenses immediately or in just a few days. If you choose rigid gas permeable (RGP or GP) lenses or hybrid contact lenses, it might take a couple weeks or longer for your eyes to fully adapt to the lenses. In rare cases, a person might not ever feel comfortable wearing contact lenses or be able to wear them safely.

THE ANSWERS TO YOUR CONTACT LENS FAQ'S

Why do I need a prescription for contact lenses?

Your contact lens prescription is specifically tailored to your eye shape and vision needs. Eyes vary in size and shape. Only an eye care practitioner can properly measure your need for vision correction as well as determine which size and type of contact lens is the right fit for you.

Changes to your vision and eye health can occur over time. These changes can be detected with specialised equipment and procedures.

Is my contact lens prescription different to the prescription for my glasses?

Yes. A prescription for contact lenses requires different information than a glasses prescription. A contact lens prescription will include the base curve, which is used to match the curvature of the lens to your eye. It will also include the diameter, which is used to fit the width of the lens to your eye.

Contact Lenses: Frequently Asked Questions

How do I get a contact lens prescription?

Start by scheduling a contact lens appointment with our [Sankar Foundation Eye Hospital](#). Your first contact lens fitting will take a little longer than a regular eye exam. You can find an eye care practitioner in Sankar Foundation Eye Hospital.

Can I continue to use my glasses if I start wearing lenses?

Yes! You can alternate between your contact lenses and glasses to suit your activities, needs and preferences. However, you can wear your contacts all day, every day. The choice is yours.

I don't need glasses all the time. Why should I wear contact lenses?

Contact lenses are a convenient alternative to putting on and taking off your glasses all day. And, unlike glasses, your lenses won't smudge, steam up, fall off or break, and you won't lose any peripheral (side) vision.

What's the difference between daily disposable and reusable contact lenses?

The main difference is how long you should wear the lenses before you need to replace them. Daily disposable contact lenses are used for one day and then thrown away. They also don't involve the use of contact lens solutions. Reusable lenses can be worn every day for two weeks or up to a month. They require cleaning and disinfecting every day.

I have astigmatism. Can I wear contact lenses?

Yes. Your eye care practitioner can help you decide which of these products is the best one for you.

Are eye infections common for contact lens wearers?

Contact lens related health issues can occur, but serious problems are very rare. Infections are commonly related to poor cleaning routines. If you follow your eye care practitioner's directions for proper wear and care, you are unlikely to get an eye infection. And learn from our staff in Contact Lense Department for effective routine for cleaning and caring for your reusable contact lenses.

Contact Lenses: Frequently Asked Questions

How old do I have to be to start wearing contact lenses?

There's no minimum age. Many people start wearing lenses when they are in their early teens. However, some much younger children can be mature enough to wear and care for them. Successful lens wear depends more on responsibility and attitude than age.

Your eye care practitioner can help you decide if contact lenses are right for you and will help you choose the best Brand Contact Lenses for your vision correction needs.

Can contact lenses scratch my eye?

Your contact lenses will not scratch your eye because they are very soft. However, damaged or nicked lens could irritate your eye. Be careful not to scratch your eye with your fingernail when you are putting in or taking out your contact lenses. Also, if a small piece of grit or dust gets into your eye or under your lens, it can irritate or even scratch your eye. If you experience any unusual eye discomfort or changes to your vision while wearing your contact lenses, remove them immediately and call your eye care practitioner.

Can contact lenses get stuck to my eye?

No, All it takes is a little patience and practice.

Can contact lenses pop out of my eye?

This is very unlikely with soft contact lenses. When properly fitted, your contact lenses should stay in place all the time. Even on a rare occasion when a lens moves out of place, it usually stays on your eye until you can move it back.

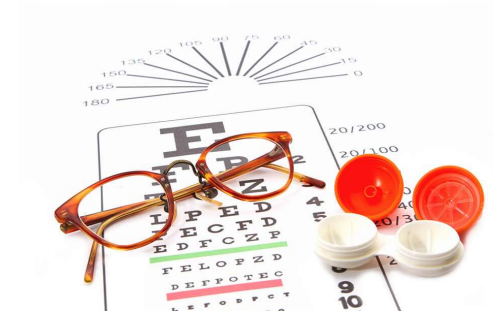
Can contact lenses get lost behind my eye?

No. It's physically impossible for a contact lens to get lost behind your eye. There is a membrane covering your eye that connects to the inside of your eyelids, so the lens is unable to become lost.

Contact Lenses: Frequently Asked Questions

Advantages & Disadvantages of Contact Lenses vs. Glasses

When deciding which one is right for you, it's best to remember that neither choice is superior to the other. Each one offers their own set of advantages and disadvantages. It is up to you to decide which fits your lifestyle, aesthetic, and budget more. When evaluating contact lenses vs. glasses, consider the convenience of each option.



In general, glasses have less upkeep than contact lenses, but also less risk. It's not a big deal if you forget to clean the lenses on your glasses. However, if you neglect to clean and care for your contact lenses, you risk causing permanent damage to your eyes.

Contact Lenses vs. Glasses for Your Lifestyle

When choosing contact Lenses vs. glasses, consider the activities that you participate in on a regular basis. Do you live an active lifestyle? Does your job ask that you wear protective eyewear? Do you enjoy spending time outdoors? These questions will help you decide which one is better for you.

Pros: Contact lenses

Contacts allow users to feel as though they no longer suffer from a vision impairment. Without the weight of the frames, you are free to move around without worrying that your glasses will fall off.

Cons: Eyeglasses

On the other hand, glasses can sometimes interfere with your field of vision. For example, when you look out of the corner of your eye, you'll most likely see part of the frame of your glasses as well. Contact lenses don't have that issue since the lens is transparent.

Glasses are also prone to fogging up if you get caught in the rain or when you go from a cold to a hot environment. On the flip side, they can protect your eyes from dust and debris in the air.

Contact Lenses: Frequently Asked Questions

Pros: Eyeglasses

Eyeglasses are often seen as a better choice for people who stare at a computer screen often. Prolonged screen usage can lead to increased eye strain and eye dryness. Even with the use of lubricating drops, eyeglasses are more comfortable than contact lenses for heavy computer users. Same goes for people with allergies or unusual eye irritations—glasses are often the safer choice.

The Aesthetics of Contact Lenses vs. Glasses

Both glasses and contacts can help you show off your style. Eyeglasses weren't always considered stylish, but they're gaining popularity now. Celebrities are opting for fashion glasses, even when they have perfect vision. Many different brands have even launched their own eyewear collections.

However, with the debut of color contact lenses, you can instantly enhance or change the color of your eyes. Costume lenses can even transform the appearance of your eyes to look supernatural.

The thing that draws people to contact lenses is how often you can replace them. You could change up the color of your eyes every day, if you wanted, to match your mood or outfits.

Since glasses are more expensive, most people will only have one or two pairs at a time. If you're somebody who likes to switch up your style, you may enjoy the freedom of contact lenses.

Cost of Contact Lenses vs. Glasses

Contact lenses can end up costing you more than eyeglasses, if you wear dailies, since they're replaced so often. To save some money, you can buy contact lenses in six or even twelve month quantities. Just be sure to check in with your eye care practitioner to keep your prescription up to date.

Contact Lenses: Frequently Asked Questions

More often than not, you can't return contact lenses simply because you've changed your mind about them. However, you can ask your optometrist to let you try various samples until you find the right one for you.

There you have it! The pros and cons of glasses vs. contact lenses. Now you can make an informed decision about which is best for you. Maybe you'll even get both!

Thanks A Lot

